## WHAT IS CLAIMED IS:

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- a) placing said article in a vibratory finishing bowl and/or the like, in combination with:
  - i. a chemical solution capable of reacting with the surface of said metal article to convert it to a softer form, and
  - ii. a non-abrasive media
- b) agitating said article, media, and solution in said finishing bowl for a time sufficient to impart on said article a surface that is superfinished, isotropic, and of specular brightness.
- The method of claim 1, wherein said non-abrasive media are made from a material that includes a plastic.
- The method of claim 1, wherein said non-abrasive media are made from a material that includes alumina bonded with an unsaturated polyester resin.
- The method of claims 1, wherein said non-abrasive media are made from a material that includes a metal.
- The method of claim 1, wherein said non-abrasive media are made from a material that includes stainless steel.
- 19 6. The method of claim 1, wherein said non-abrasive media are made from a material that includes 302 grade stainless steel.
- The method of claim 1, wherein the surface finish is superior to that produced by non-abrasive ceramic media or other abrasive media.
- 23 8. An article that is finished using the process of any of claims 1-6.

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